



NEWS & VIEWS

SEPTEMBER/OCTOBER, 2018

The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families.

The vision is that all children, adults and families in our service area have the opportunity to grow and develop to their full potential.

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Johnson City
New York
13790
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607.723.8313
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607.723.6173

From the Desk of the Executive Director



*Darrell Newvine
Family Enrichment Network
Executive Director*

Fall is upon us, the weather is changing, and the leaves are turning colors. A lot has happened this past year. It's hard to believe the new school year has started; where did summer go? It continues to be an exciting time and the Family Enrichment Network continues to grow and change.

This year marks our 40th anniversary and we could not do any of this without the support of the staff, the Governing Board, and the entire community. Our staff continues to work tirelessly to move the Agency forward and meet the needs of children and families. We thank you for your support of our Agency and look forward to continuing to serve our community and future partnership opportunities.

We continue to be active in our grant writing and program development to meet community needs based on our Community Assessment and Strategic Plan. We appreciate your effort, input, and support. One area we have seen an increased need for is teen programming and will look at developing this. We will keep everyone apprised of our progress.

We continue to be in a modest funding cycle with Early Childhood Development. We need to be strong advocates and forward-looking and assertive in terms of future program development. The children and families of this community need and deserve it.

There currently are, and will continue to be for some time to come, funding challenges to make our programs competitive. These funding issues make it difficult to maintain and attract new staff to our Agency. Despite these challenges, we have built an organization and a staff structure that has placed us in a great position to weather the challenges.

Please remember, Election Day is just a few weeks away. Make your voices heard and make your vote count! Everything we do or don't do makes a difference!



A message from Nurse Michelle Good Health Habits Can Help Prevent the Flu

The symptoms of flu include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported diarrhea and vomiting.

Everyone 6 months of age and older should get an annual flu vaccine as soon as vaccines are available.

Those who are especially vulnerable to complications are:

Children younger than 5, but especially children younger than 2 years old

Adults 65 years of age and older

Pregnant women – because babies under 6 months of age cannot be immunized against the flu, vaccinating the mother during pregnancy will provide protection to the newborn infant.



Good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu. There also are **flu antiviral drugs** that can be used to treat and prevent the flu.

1. Avoid close contact.

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

2. Stay home when you are sick.

If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.

3. Cover your mouth and nose.

Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.

4. Clean your hands.

Washing your hands often will help protect you from germs.

5. Avoid touching your eyes, nose or mouth.

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

6. Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Source: CDC Website – Reviewed and revised September 24, 2018

New Program

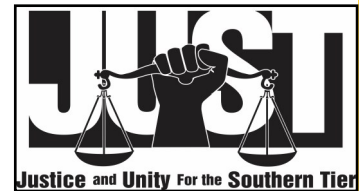
Walk With Me

In July 2018, **Family Enrichment Network** was very pleased to receive funding for a brand new program offering supportive services for those recently incarcerated in the Broome County Correctional Facility, better known as the local jail.

Many people sit in the local jail too long waiting for their court hearings, because they cannot afford their cash bail. This has far reaching economic effects on the person, their family members and the community at large.

Rent and utility bills go unpaid and people lose their jobs. Once out of jail it is not easy for people to instantly pick up from where they left off. Often credit ratings have been damaged, employment opportunities are scarce and resources are limited which makes finding housing very difficult.

To help individuals and their families find their way back into the community the Walk With Me program offers navigation assistance, advocacy, employment search skills, community referrals, peer mentoring, counseling and support groups in collaboration with JUST (Justice and Unity for the Southern Tier).



To find out more information about the Walk With Me program for an individual or for the family of an individual who had been incarcerated, please call Family Enrichment Network's **Re Entry Specialist at (607) 723-8313 x 1675.**



Upcoming Fall Conferences



Chenango County Fall Conference

“ECE is More Than The ABCs”

Saturday, November 3, 2018

8:00am-4:00pm

Morrisville State College, Norwich Campus

Call (607) 723-8313 ext. 825 to register

Or visit our website www.familyenrichment.org for more information.

Broome Fall Conference

“ABCs of Childhood Experiences: Awareness, Behaviors, and Curriculum”

Saturday, October 20, 2018

8:00am-3:30pm

SUNY Broome Community College

To register for this FREE conference contact PTAC at: ptac-stic.com

Or call PTAC at: (607) 724-2111

New Providers:

Broome Family Child Care: Melanie Shauger

Broome Group Family Child Care: Tiffany Vandermark

Broome Group Family Child Care: Mona Haynes

Chenango Child Care Center: Family Enrichment Network

Chenango Family Child Care: Chevee Wittig

Join Jumpstart as we Read for the Record[®]



Jumpstart
Read for the Record

ON OCTOBER 25, 2018

10:00AM

Join us for a special reading and fun activities!
Broome County Public Library
(185 Court Street, Binghamton)

For more information, please contact BCPL's
Youth Services Department at 607-778-6456.

Court House Children's Center

PAGE 6

Courthouse Children's Center Sensory Bottles project

If you need to go to Family or Drug Court don't forget about the free drop-in Courthouse Children's Center run by Family Enrichment Network.

For more information on the location and the hours please call (607) 240-5818

Pine Needle Sensory Bottle

You will need:

- Empty water bottle (with top)
- Pine needles
- Glitter (optional)
- Glue

Directions:

- Place the pine needles into the empty water bottle
- Fill it with water
- Add glitter if you would like

Make sure to GLUE the top on the bottle (so your child can't open it)



Your child will be able to look at the pine needles in a different way than if he/she saw them outside on the ground. You can also use different size bottles, big, small, short & tall.

<https://www.teachpreschool.org/2012/12/11/a-pine-needle-in-a-bottle/>

Fun Sensory Bottles

You will need:

- Plastic water bottles w/ lids
 - Marbles, pony beads, pompoms, glitter, rhinestones, pipe cleaners, googly eyes, etc.
- Glue gun or super glue

Directions:

- Use your hands or a funnel to add items into the bottle
 - Add water to fill the bottles up
- Glue along the sides of the cap where the cap twists on to the bottle**

New Pathways for Fathers Program

Are you feeling stressed out about your kids, your partner, or your budget? Our free workshops provide resources, support, and skills for fathers and father-figures in both Broome and Tioga counties. The New Pathways for Fathers Program serves adults regardless of their relationship or custody status—EVERYONE IS WELCOME!

Workshops cover parenting skills, relationship skills, and financial literacy. Participants will understand the stages of child development, healthy communication, how to make more money,



JOHNSON CITY

OWEGO

WAVERLY

<p>MONDAYS & WEDNESDAYS from 5:30pm-8:00pm OCTOBER 1—NOVEMBER 7, 2018 OR TUESDAY & THURSDAYS from 10:30am-1:00pm OCTOBER 2—NOVEMBER 1, 2018</p> <p>24 Cherry Street, Johnson City, NY</p>	<p>THURSDAYS from 5:00pm-7:00pm OCTOBER 4 - DECEMBER 13, 2018</p> <p>1277 Taylor Road, Owego, NY</p>	<p>FRIDAYS from 10:00am-12:00pm OCTOBER 12—DECEMBER 14, 2018</p> <p>12 Cooper Street, Waverly, NY</p>
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To get more information, or to register for a workshop, call Dan Lesch at 607-723-8313, extension 838.

Employee Spotlight

My name is Jennifer Eichler. I have been employed with the Family Enrichment Network since May 2018. My title is NOEP Coordinator, (Nutritional Outreach Educational Program). My job is to assist low/no income families with the SNAP (Supplemental Nutrition Assistance Program) process. Most of my job is based off referrals and community outreach, at various levels. Each client I work with is pre-screened and then based on client's case we move forward with the application process, gathering required documents and then schedule a follow up call with Department of Social Services (LDSS). These prescreens can be done in office or with a scheduled home visit. I also refer clients (based on need) to various resources throughout Broome County.

I was born and raised in Norwich NY. (Chenango County). I moved to Greene, NY, with my significant other 7 years ago. I have 2 children Emerie and Liam and I am also the guardian for my nephew Dillon. I love to spend time with my family and friends. I also enjoy volunteering and am very active with my church, Berean Bible. I am an active member on Chenango County's Policy Council for Head Start/ Early Head Start Programs and love doing community outreach.





**This year we celebrate our 40th
anniversary!**

1978-2018



A special **Thank You** to all of our families, staff,
and supporters for helping us fulfill our mission
over these past four decades.

**TOGETHER WE ARE:
ENRICHING THE COMMUNITY &
GROWING TOMORROW'S LEADERS... TODAY!**

FamilySM



Enrichment Network



We are a proud sponsor of Family Enrichment Network, and the positive changes they make in our community.

*Thank you
for all you do!*

VISIONS
FEDERAL CREDIT UNION
visionsfcu.org

The Crescent Academy

Lighting the path to success!

Celebrating 10 Years



2006-2016

A Broome County private school mastering NYS Curriculum standards.

Contact Amber Harris, Principal • 1 Endicott Ave • Johnson City, New York 13790
(607)729-3431 • info@thecrescentacademy.org • www.thecrescentacademy.org

Associates of Psychotherapy Welcomes MaryLou Popielarski, LMHC

Specializing in children and family.

Serving Broome & Tioga counties

Counseling for individuals, couples, and families! A wide variety of insurances excepted, and convenient locations!

Call our office today for all your therapy needs!

Advertising Space Available

Space is now available to send your valuable message to OVER 1,000 community members.

“Blocks” approximately 2 1/2” x 3 1/2” are now available, become an advertising partner of Family Enrichment Network for \$15 per year, and receive 3 issues of “free” advertising.

For more information on available space or to set up your ad,

please call Laura at (607) 723-8313 Ext. 815.



24 Cherry Street
Johnson City, NY 13790

Community Employment Opportunity

PART TIME SWIM COACH

Interested applicants must possess or be willing to obtain the required certifications including: CPR, Lifeguarding,, USA Swim credentials and any other required certifications. Hours will vary according to CFCS Athletics and the pool time. One year experience preferred. Please email resumes to cagoreg@hotmail.com.

